"BUT HE WHO RECEIVED SEED ON THE GOOD GROUND IS HE WHO HEARS THE WORD AND UNDERSTANDS IT, WHO INDEED BEARS FRUIT AND PRODUCES: SOME A HUNDREDFOLD, SOME SIXTY, SOME THIRTY."
MATTHEW 13:23



SEED & SOIL

SEPTEMBER 2026

GLORY BE ONLY TO GOD



All glory to God alone! We praise Him for the privilege of being used to bring glory to His name. The heart of this book, Seed and Soil, is to guide readers and writers into a deeper walk with God, rooted in His Word. Our prayer is that every heart becomes fertile soil ready to receive His truth, grow in His love, and bear lasting fruit for His Kingdom.

As Jesus calls us to be new creations, we long to walk in daily transformation through His grace. Changed by Him, we hope to become vessels through which others encounter His renewing power.

Behind each page are dedicated hearts of individuals who made space for God despite busy lives. Their obedience has inspired others to step forward in faith.

This journey reminds us that God can use anyone. No gift is too small when surrendered to Him. Offer what you have, He will multiply it for His glory.

We ask for your continued prayers. Let us lay aside the old, step boldly into the new, and build His Kingdom together.

Let His name alone be glorified!

Be A Salt Of tThe Earth- Even In My Pain

This morning's verse was: **"You are the salt of the earth." —Matthew 5:13.** My question to the LORD was, **"How can I be salt when I am in so much pain?"** I have been experiencing intense pulling pain in my left leg, from my hip to my toe. Tests are still going on; the doctors are waiting for the results, and I am waiting for relief. In the middle of this waiting, the verse on my calendar said, **"Be the salt of the earth."** I began thinking—why salt? Salt gives flavour, enhances taste, gives strength, and builds appetite.

If our favourite food, such as chicken, has no salt, our appetite goes down, the craving disappears, and we look for something else. So I asked myself: How can I add flavour to someone's life when I am in pain? How can I strengthen someone when I feel weak?

How can I build someone's appetite for life, hope, and God when I am not even going to work or seeing my patients and children? As I travelled to the hospital for my tests, I went in faith, asking God, **"LORD, use me as salt today."** These are some of the things I felt the LORD reminding me:

1. Pray for the people you come across

Even a brief encounter can become an opportunity to pray. The people sitting beside me, the patients waiting anxiously, the staff, the technicians, the doctors everyone may be carrying something I cannot see. Perhaps I may not know their story, but God does. I can silently carry them before HIM.

2. Let your presence carry the aroma of Christ

Even among strangers, people notice how we behave, speak, and respond. Pain does not have to take away kindness. My face may show weakness, but may my spirit reflect Christ, leaving behind the fragrance of kindness, patience, peace, and grace.

3. The way we behave as a couple is also a testimony

The way my husband and I speak to one another, care for each other, wait patiently, and respond in difficult situations can quietly speak to those around us. People may never hear us preach, but they can observe how we live.

Be A Salt Of tThe Earth- Even In My Pain

4. Salt does its work even when it is unseen

When salt is mixed into food, it disappears. Yet its presence changes everything. Maybe I don't have to be seen doing something great for God to use me. A quiet prayer, a gentle word, a smile, patience in pain, or choosing not to complain may be enough for God to touch someone through me.

5. Pain can make me more aware of the pain of others

Perhaps this painful season is teaching me what comfort cannot. As I undergo tests and wait for answers, I understand the uncertainty, fear, and longing for relief experienced by my patients and their families. Maybe this pain is making me more compassionate.

6. I can still give hope while I am waiting for my own answer

Being salt does not mean I have all the answers. It means I know the ONE who holds me even when I don't have answers. I can say to someone, **"I don't know what tomorrow holds either, but I know God is with us."**

7. My response to pain can reveal my faith

I may not be able to choose the pain, but with God's help, I can choose how I walk through it. Being salt today may mean trusting God while I am still hurting. It may mean going for one more test, waiting one more day, taking one more step, and saying, **"LORD, I still trust YOU."**

8. Salt creates thirst

Perhaps the greatest thing I can do is create a thirst for God in someone else's heart. When people see peace in my difficulties, kindness in my pain, and faith without answers, may they thirst not for me, but for Christ.

LORD, do not let my pain make me useless for **YOUR Kingdom**. If I cannot serve **YOU** as I usually do, use me right where I am. Let my presence bring peace, my words bring grace, and even my pain reveal **YOUR** presence.

This is my prayer for everyone experiencing physical, mental, emotional, spiritual, or financial pain: There is **HOPE**. Do not let your pain take away your flavour for the LORD!

See Through God's Eyes

"The way we see the situations that come our way determines our future and how we respond to them". Didn't quite get what I mean? Let me explain through an incident recorded in the Second **Book of Kings 6.**

The king of Syria sent horses and a great army to Dothan, where the prophet **Elisha** was staying, to capture him. Why? Because during every battle, God revealed the Syrian king's secret plans to Elisha, and Elisha would warn the king of Israel. As a result, Israel repeatedly escaped Syria's attacks.

One morning, **Elisha's servant** got up early and went outside. To his horror, he saw the city surrounded by horses and chariots. Terrified, he cried out, **"Alas, my master! What shall we do?" (2 Kings 6:15).** The servant saw the natural situation and was overwhelmed by fear. But notice Elisha's response. He didn't panic. He didn't tremble. Instead, he declared, **"Do not fear, for those who are with us are more than those who are with them." (2 Kings 6:16).** What a powerful truth! The servant saw with natural eyes, **but the prophet saw with spiritual eyes.**

When we view life through our natural eyes, we become anxious, discouraged, and afraid. **But when we see through the lens of God's Word, fear loses its grip.** We remember that the One who is with us is greater than anything that comes against us. Then Elisha prayed, **"Lord, I pray, open his eyes that he may see."** God opened the servant's eyes, and he saw the mountain filled with horses and chariots of fire surrounding Elisha. His fear disappeared when he saw what God had already provided.

Dear reader, the unexpected situations in your life may look frightening. The challenges may seem greater than your strength. But don't let your natural eyes define your reality. **Ask God to open your spiritual eyes.** See what He sees and believe His Word over your circumstances. When your perspective changes, fear becomes faith, panic becomes peace, and weakness becomes confidence.

May God open our eyes to see through His perspective, so that no unexpected situation can steal our faith or our peace.

2 September 2026

Higher Than The Battle

Every one of us faces battles in life. In the midst of our struggles, do we focus on the battle before us or the God who is above it?

In Exodus 17, as Israel fought against Amalek, **Moses** stood on the top of the hill, holding up the rod of God. As long as Moses held up the rod, Israel prevailed. When his hands grew weary, **Aaron and Hur faithfully stood beside him** and held up his hands until the victory was won.

Moses standing above the battlefield holding the rod high was a reminder that **Israel's victory would not come from the strength of their swords, but from the God** who was greater than their battle. After the victory, Moses built an altar and called it **Jehovah-nissi, "The LORD our Banner."**

The same is true for us today. Our greatest need is not more strength, but a greater dependence on God. When we make Him our first priority, we learn to trust Him with every battle, every burden, and every care.

Aaron and Hur also remind us that **we are called to help one another keep God first.** Through encouragement, fellowship, and intercessory prayer, we can strengthen weary hands and point each other back to the Lord. Sometimes, the greatest support we can give someone is to help them keep their eyes fixed on God.

Keep God higher than your plans, your fears, your successes, and your battles. **Seek Him first each day, and encourage someone else to do the same.** When God has the highest place, we can rest under His banner, knowing that every battle belongs to Him.

Matthew 6:33 "But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you."

They Thought They Had Won

There are moments when circumstances make us wonder, **“Where is God?”** We pray, yet the enemy seems to celebrate. But Scripture shows us that what looks like defeat may become the very stage on which God reveals His sovereignty. In **1 Samuel 4–5**, Israel loses its battle against the Philistines.

Because of their sin and wrong understanding of God’s presence, the Ark of the Covenant is captured. The Philistines proudly carry the Ark into the temple of their god, Dagon. They probably believed they had defeated Israel’s God. **But they had captured the Ark, not God.** The next morning, Dagon is lying face down before the Ark. They raise him, but the following morning his head and hands are broken off. **Israel did not defeat Dagon. God did.** What looked like Israel’s defeat became the place where God demonstrated His supremacy.

We see the same God in Egypt. In **Exodus 12:12,** God declares, **“Against all the gods of Egypt I will execute judgments: I am the LORD.”** Pharaoh believed he had power over Israel, but God turned Egypt’s strength into weakness. At the Red Sea, Pharaoh saw Israel trapped, but God saw a pathway. Moses declared, **“The LORD will fight for you, and you have only to be silent” (Exodus 14:14).**

Then there is Haman in Esther. He builds gallows for Mordecai, believing his enemy’s destruction is certain. Yet God turns the situation completely around, and Haman is hanged on the very gallows he prepared **(Esther 7:9–10).** Haman thought he had won, but he was unknowingly preparing his own downfall. And finally, we see the greatest example at the cross. Jesus was crucified, the tomb was sealed, and it appeared that darkness had won. Yet through the cross, Christ **“disarmed the rulers and authorities” (Colossians 2:15).** What looked like defeat became redemption.

That is why **Psalm 46:10** says, **“Be still, and know that I am God.”** Being still does not mean nothing is happening; it means trusting God when we cannot see what He is doing. Dagon fell. Pharaoh fell. Haman fell. The grave could not hold Christ. So never judge God’s victory by the enemy’s celebration. They may think they have won, but God already knows the ending. **Be still. He is God.**

Finding Our True Identity

A major question that revolves around the current generation is, Who am I? In other words, we can call it an identity crisis.

We live in a world where many young people are struggling to find their identity. This identity crisis puts them in a place where they don't know who they are or what they are doing. They start looking for their identity through social media and other sources. When they cannot find it, some may even end up thinking about suicide.

Now a big question comes to our mind: **Where can I find my identity?**

The Bible gives us the answer: **Our identity is found in Christ.**

We all believe that Christ is our Creator and that we are His creation. But we are not just created by Him; **we are created in the image of God.** This does not mean that we physically look like God. **It speaks about the character of God that He has placed in us.**

As followers of Christ, one thing we should always remember is that **Christ is our identity.** Paul says, It is no longer I who live, but Christ lives in me.

When we start looking for our identity in this world, we face many problems and confusion. We may start depending on people's opinions, social media, success, or other things. But it is our duty to recognise that Christ is our identity.

When we know this simple but powerful truth, we can rejoice and be happy. Our duty is not to show ourselves, but to reflect the character of Christ through our lives.

So, don't ask God every day, Lord, make me a better version of myself. Instead, ask Him, **Lord, let Your character be seen in my life. Help me become more like Christ.**

Our identity is not found in this world. **Our true identity is found in Christ.**

5 September 2026

The Great Exchange

“For our sake He made Him to be sin who knew no sin, so that in Him we might become the righteousness of God.” -2 Corinthians 5:21

The Gospel is the greatest message of **love, grace, and redemption** ever given to humanity. At the very heart of the Gospel is what we may call **“The Great Exchange.”** Jesus Christ, who was completely sinless, took upon Himself the punishment that our sins deserved. In return, those who believe in Him are given a new standing before God: the righteousness of Christ.

Humanity was drowning in sin. No amount of good works, religious activities, or personal effort could completely remove the guilt of sin. We needed a Saviour. Jesus came not because we deserved His love, but because of His great mercy. **He lived the life we could not live: a life without sin.** Then He willingly went to the cross and took the punishment that belonged to us.

On the cross, something incredible happened. Our sin was placed upon Christ, and through faith, His righteousness is credited to us. The innocent One stood in the place of the guilty. The righteous One died for the unrighteous.

Jesus not only paid our debt, **but He also gave us His righteousness.** We are no longer accepted by God because of our own perfection, but because of what Christ has done for us.

This is the beauty of the cross.

Jesus did not become a sinner in His character; **He remained perfectly holy and sinless.** But He willingly bore the burden and consequence of our sin. In Him, we receive forgiveness, reconciliation with God, and a new identity.

Therefore, the Gospel is not merely an invitation to become a better person. **It is an invitation to receive a new life in Christ.** We come to Him with our sin, guilt, shame, and brokenness. He gives us forgiveness, grace, hope, and righteousness.

He took what was ours (sin) and gave us what His was (righteousness). That is the Great Exchange. And because of Jesus, we can stand before God not in fear, but in faith, knowing that **“in Him we might become the righteousness of God.”**

What Does The Creation Account Teach Us?- Series 1

We are all familiar with the creation account recorded in the first book of the Bible, right from its very first page. **We are amazed when we read the whole story of creation.** It shows us the sovereignty of God, the power of God, and much more.

The Bible tells us that God created the heavens and the earth in six days and rested on the seventh day. There are many questions about the creation account. Why did God take six days to create? Did God really need six days to create the world?

But as followers of Christ, we are not called to let our questions replace our trust in God. **Instead, we are called to trust Him and believe His Word.**

While I was reading the creation account, a question came to my mind: What is the creation account really trying to teach us? Is it simply showing us God's sovereignty and power, or is there something more that we can learn from it?

Let's explore this together.

The first thing the creation account teaches us is this: Our God is not only a Creator; **He is a good Creator.**

After each day of creation, God saw what He had made and **said that it was good.** God did not create simply for Himself. He created a world where humanity could live and provided everything that humanity would need.

When God created the world, He made it good and put everything in its proper place so that His creation could live and enjoy what He had made. **What a wonderful God we have as our Father!** He carefully put everything in order, provided what His creation needed, and saw that everything was good.

The creation account, therefore, does not only teach us that **God is great and powerful; it also teaches us that He is a good Creator.** He cares for His creation, and He knows what is good for His creation.

And it doesn't stop there. There are many other things we can learn from the creation account, which we will explore in the days to come.

But Are You With God?

Joseph's life was filled with tragedy. He was betrayed by his own brothers, separated from his loving father, sold as a slave, and later imprisoned for something he did not do. Yet through every season, Joseph remained faithful. How did he keep going?

Because God was with Joseph.

Again and again, Genesis reminds us of this truth: **"The LORD was with Joseph."** God had not abandoned him in the pit, in slavery, or in prison. He had been preparing Joseph long before Joseph understood where his life was going.

But there is another beautiful truth: God was with Joseph, and **Joseph was with God.**

How could Joseph forgive his brothers after everything they had done? How could he refuse revenge? How could he trust God's purpose when he had suffered so much? His strength came from walking with the God who was walking with him.

God is with us too, in our waiting, struggles, disappointments, and victories. But the question is not only, **"Is God with me?"** It is also, **"Am I with God?"**

Forgiveness is not easy, and trusting God when we cannot understand His plan is not easy. But when we remain close to Him, He gives us the grace and strength to keep moving forward.

May our lives testify not only that God was with us, but that we chose to remain with Him!

He Chooses Us

"The Lord will have compassion on Jacob; once again He will choose Israel." Isaiah 14:1. Is it not amazing to be chosen by God again and again? It is overwhelming to experience His love every day. It is important that we take time to cherish His love and truly feel it, and definitely tears will roll down. Just a few seconds every morning, or at any time of the day, take a few moments to sit in silence and reflect on how merciful and good the Lord is.

Put aside the chaos for a moment and **think about all the goodness and mercy the Lord has shown you.** Think of the times when He has set you apart and made a way for you. Though we sin every day, He is rich in mercy and is willing to forgive us. **"He does not treat us as our sins deserve or repay us according to our iniquities" psalm 103:10.** He has chosen to use us to bear fruit for His glory and to be a blessing and a help to those around us.

Brothers and sisters in Christ, He has chosen us to be His children. He has chosen us for a specific purpose and has prepared a heavenly plan for each of us. Though we have all fallen short of His glory, He has brought us back to Himself through Christ, **not because of our deeds, but because of His sacrifice.**

He chose us to continue His ministry. He chose us to endure tribulations and troubles, but Chr**ist has also promised that He will be with us through them.** He chose to fight our battles for us.

GOD CHOSE YOU. HE IS CHOOSING YOU OVER AND OVER AGAIN.

And He expects one thing from us: **to obey Him.**

As 1 Samuel 15:22 says: "To obey is better than sacrifice."

Let us not take advantage of His mercy. Let us not knowingly return to the same sins again and again. He has chosen us to accomplish His purposes, to bear fruit, and to bring glory to His name.

He chose you. He is still choosing you. And today, may we choose to obey Him - determined to walk in righteousness and live for the

The Ministry Of Obscurity

There is this mindset of the present generation of youth saying **'expectation kills'**. This saying may come from the bitter experience of feeling unnoticed. Even in ministry, some believe their work for God has gone unrecognised. But let us ask ourselves: Why do we want others to recognise our work? Do we really need someone to appreciate us for what we are doing, and is that **why we are serving God?** The answer is a clear **'No'.** This is something we as Christians often struggle with, and the best answer to this is that **we serve God faithfully when nobody notices us.**

John 3:30 – "He must become greater; I must become less." These words were spoken by **John the Baptist,** who prepared the way for Jesus according to prophecy. When people began following Jesus, John understood that he was only God's vessel, called to point people towards Christ. It was not about John; **it was about Jesus.** He served his purpose faithfully even when people failed to notice him.

Many think ministry means preaching, leading, organising events, receiving appreciation, and being recognised. But God's ministry can also be done faithfully in obscurity. **Pray for someone in secret, help someone without receiving credit for it, and most importantly, be faithful when no one applauds.** We might feel that someone who does the same ministry as us in an obscure way is successful, whereas we stand in the same place without any progress. From John's attitude, **we learn to celebrate the other person's success,** whereas it doesn't mean that we are let down in our life. Our purpose in God's ministry is being taken care of silently.

Matthew 6:4 says, **"so that your giving may be in secret. Then your Father, who sees what is done in secret, will reward you."** People might not recognise you for the things that you did, nor do they applaud you for achievements; people might even forget you.

But our God never forgets; He sees! And that is more than enough. Remember one thing: we do ministry for the sake of God; For His name to be glorified where our efforts might go unnoticed from the eyes of others but not God. He will reward us for our deeds.

Yet Will You Rejoice In The Lord?

Habakkuk 3:17-18 - Though the fig tree may not blossom, Nor fruit be on the vines; Though the labour of the olive may fail, And the fields yield no food; Though the flock may be cut off from the fold, And there be no herd in the stalls— Yet I will rejoice in the Lord, I will joy in the God of my salvation.

This week saw many disappointments and closed doors, right after my 25th birthday. I found myself grumbling and complaining a lot. I was reminded by a dear friend to read Habakkuk.

So in the middle of my night shift when there were no patients, I started reading this beautiful book, and on reaching the above-mentioned verse, I realised where my heart was.

And I began to cry out in prayer, **“Lord, I believe; help my unbelief"** I asked Him to help me see the purpose in the delays and disturbances, and to count my blessings.

When I began surrendering myself again to God, I felt lighter. To my amazement, my prayers started getting answered right then and oh what a joy!

Worship is powerful, especially when it is in the form of a surrendered and humble heart during hard times. Breakthroughs and victories are experienced when we raise our praise, even in the middle of dark days. For some of us, the answers may not come immediately, but remember that God is working behind the scenes, in ways we cannot see, and His timeline is perfect.

So, my friends, let us also thank and praise God when we are faced with walls of Jericho in our lives, and witness His glory in ways higher than we can ever imagine!

Choose Your Friends Wisely!

Nowadays, especially among the younger generations, we often don't listen to our parents and elders, and we don't value their advice. Instead, as young people, we tend to trust our friends and place their opinions above those of our parents. What does the Bible say about true friendship? As stated in **Proverbs 27:17: "As iron sharpens iron, so one person sharpens another."** Good friends help each other grow in wisdom and godliness.

It is said that **"good friends"** help each other grow in wisdom and pave the way for improvement in godliness. But the real question is: Are the friends of our generation truly doing this? Are we creating a path for our friends to improve in wisdom and godliness?

The friendship between **David and Jonathan** is one of the strongest examples of **loyal, covenant friendship in the Bible.** Even though his own father was against David and wanted to kill him, Jonathan remained loyal to David under every circumstance, as mentioned in **1 Samuel 20:17—Jonathan loved David "as he loved himself."** A similar loyal friendship is found between **Paul and his friends Timothy and Silas.**

In contrast**, Amnon and Jonadab provide a strong biblical example of a bad friendship or harmful influence**, as mentioned in **2 Samuel 13:3–5.** Instead of correcting Amnon or stopping him, Jonadab devised a plan that enabled Amnon to commit a grave sin that completely changed his destiny. Jonadab didn't create Amnon's desire, but he helped turn that wrong desire into wrong action.

This serves as a powerful example of a bad influence: A bad friend doesn't always directly encourage you to do something evil; sometimes they help you find a way to act on what you already know is wrong. The choice is in our hands: **Are we going to be a Jonathan or a Jonadab?** And how are we going to impact our friends' lives?

12 September 2026

The Most Important Thing

When Jesus was asked by the religious leaders about the most important commandment, He quoted **Deuteronomy 6:5.** This verse contains one of the key commands in all of Scripture...

"Love the LORD your God with all your heart and with all your soul and with all your strength." - Deuteronomy 6:5

We were created to know and to worship God, as well as to make Him known.

Life is full, and schedules are busy, but the most important thing is that we love God with everything we've got. If we're successful but don't love God, we've missed the most important thing. If we're healthy but don't look to Him, we've still missed it.

God instructed the Israelites in Deuteronomy to constantly keep this command in their hearts and minds. They made physical reminders to help them remember to love God in everything they did. They taught this command to their children as the foundation of all other commands in Scripture.

Take some time to consider your life as well. **Is loving God your primary motivation?** Spend some time thinking about how good and merciful God has been in your life. Maybe create a physical reminder that you'll see every day to help focus your thoughts and heart on loving God.

Remember that **God loves you more than you could ever imagine.** The best motivation to love God is to constantly remember how much He loved us first.

13 September 2026

What Does The Creation Account Teach Us?- Series 2

Let's continue the second series of What Does the Creation Account Teach Us?

In Series 1, we learned that our God isn't just a Creator, but He is a good Creator.

Let's explore this series together.

If we look at the creation account closely, one thing we can learn is the order of creation. God didn't create everything randomly or without a plan. **The creation account shows us that everything was created in an order.**

The second thing is the seven days of creation. God could have taken one year or even one decade to create everything. But why did God take seven days? On one side, **it speaks about fullness,** and on the other side, **it shows us how disciplined He is.**

I don't want to unfold the mystery behind the order of creation. Instead, I want everyone who reads this to go back and explore it for themselves.

Dear people, **we worship a God who is a God of order.** He never does anything randomly or without order. In other words, **He is a God of discipline. Let's approach Him with discipline.**

The **second lesson** the creation account teaches us is **order**, or **we can call it discipline.** From the very beginning, God teaches us the importance of discipline.

So, let's be disciplined ourselves.

Lord, The Mighty Tower

Psalms 4:5 says, **"Offer the sacrifices of righteousness, And put your trust in the LORD"**

How true it is that sometimes we forget God's provisions in this world, and many times we lose ourselves. David wrote this Psalm when he went through distress and troubles when he fled from his own son Absalom. The consecutive verse expresses his grief beyond his patience level and says, **"Who will show us *any* good?"**

Sometimes we also have been in some tough times seeking human help to get out of our tough times. We meet elders, seniors, and Good men of God to seek God's favour. **But how are we in a relationship with God?** Is there any wall between ourselves and God? **What's hindering ourselves to be communion with God?** That might be the lack of trust in our own life. We are unique, and we are made in the image of God. We live in a sinful world, and Satan is controlling some of it.

All this trouble, worries, depression, and anxiety are caused by him towards the chosen people to suffer and leave their own calling and purpose. David had thought to leave his purpose and fled somewhere; he says, **Lord, lift up the light of Your countenance upon us.** Yes, it's even true till day that his countenance is upon us; we should never forget the hand which is always on us even though we have experienced dark times.

God is always there for us and gives us peace, and it happens when we surrender our lives to him at his own altar, as the final verse of the passage says, **"I will both lie down in peace, and sleep; For You alone, O Lord, make me dwell in safety."**

Quiet Trust And Troubling Circumstances

I was deeply down, sometimes trying to give up, stopping all my plans and leaving my place of study. Suddenly, after all, I was led in spirit to read **Psalm 4.** It was so soothing and consoling for me.

During the moment when the Psalm starts, **David** expresses his anger and frustration towards God. But by reading the Psalm, it gave me peace that whatever the situation we may be in, **God will never leave us and forsake us.**

In the second verse, David says about the people who do evil to us who are around us. We should not care about those and pray for them, as **Psalm 3:6** says, "**I will not fear though tens of thousands assail me on every side".**

We live in a scornful world where people try to attack us through arrows of words and emotions; we should not leave ground for the devil to do evil against them, **where Revenge is for God.** We should smile and move on.

Verse 3 clearly says God gives attention and affection to a person to distinguish them. If you're feeling ostracised or excluded from your colleagues, you should not be in a victim mentality, as chosen people are meant to go through these many struggles; we should embrace all those struggles. Sometimes, we lose our trust in God during tough situations.

We become angry with Him and fall into sin, causing us to miss His help and presence in our lives. Nothing is too late now. **We can go back to his presence, and he can still help us.**

16 September 2026

I Believe; Help My Unbelief

“Lord, I believe; help thou mine unbelief.” - Mark 9:24

There are days when trusting God feels easy. You pray with confidence, believe that He is working, and move forward with peace. But there are other days when questions quietly rise in your heart: **“God, are You really listening? Will things change? What if the answer doesn’t come the way I’m hoping?”**

Mark 9:24 gives us a beautiful picture of what to do in those moments. A father came to Jesus desperately wanting help for his son. He believed Jesus could help, yet he also recognised the doubt and uncertainty within him. Instead of pretending to have perfect faith, he simply told Jesus the truth:

“Lord, I believe; help my unbelief.”

That honest prayer is something we can pray too. **You don’t have to wait until your faith feels strong before coming to God.** You can come with the faith you have, while honestly bringing Him your fears, questions, and struggles.

Think about someone waiting for an important medical report. They may sincerely pray, **“Lord, I trust You,”** and still feel anxious about what the result might say. They may wonder, **“What if it’s not good?”** That fear doesn’t necessarily mean they’ve stopped believing. It means they’re human. In that moment, they can simply pray, **“Lord, I believe; help my unbelief.”**

God doesn’t ask you to hide your struggles behind religious words. **He invites you to bring your whole heart to Him.**

Perhaps today your faith and your doubts are standing side by side. Maybe you’re trusting God for an answer, while another part of you is wondering whether things will really change. **Bring both to Jesus. You don’t need perfect faith to come to a faithful God.** Even when your faith feels small, you can still turn toward Him.

17 September 2026

A Lost Coat, A Lasting Purpose

Genesis 37:23

Joseph's brothers stripped him of his robe, threw him into a pit, and sold him as a slave. That coat represented something visible. **It showed that Joseph was his father's beloved son.** When his brothers took it, they may have thought they had taken everything that made Joseph special. But they hadn't. They could take his coat. They could take his freedom. They could take him away from his father's house. **But they could not take God's purpose for his life.**

Joseph's circumstances changed in a single day. Yesterday, he was walking in his father's house. Today, he was being carried away as a slave to a foreign land. Nothing about his situation looked like the future he had dreamed about. **Yet God was still writing his story.** Sometimes life does the same to us. We may lose an opportunity we valued. Someone may damage our reputation. A relationship may end. **A door may close that you thought God had opened.**

And suddenly, you may wonder, what if my future has been lost too? Joseph's story reminds us **that God's purpose is deeper than our circumstances.** The coat was lost, **but the purpose remained.** What people can remove from your life is not necessarily what God has placed over your life. They may change your situation, but they cannot cancel God's purpose. So, when life changes unexpectedly, don't measure God's faithfulness by what you have lost. **What feels like an ending may simply be another chapter in God's preparation.**

Prayer: Lord, when I lose things that matter to me, help me remember that Your purpose for my life is greater than my circumstances. Give me faith to trust You through every loss and courage to keep walking with You, even when I cannot see what lies ahead. Amen.

What Are You Trading For One Moment?

Genesis 39

Imagine if **Joseph** had said yes. Potiphar's wife repeatedly tempted him, and Joseph had every opportunity to give in. He was far from home. His family wasn't watching. No one from his past was there to hold him accountable. From a worldly perspective, saying yes might have looked like the easier choice. Perhaps she would have protected him. Perhaps she would have spoken well of him to Potiphar. Joseph might have gained influence, comfort, and a better position. He could have continued enjoying a life of pleasure while returning to the same sin again and again.

For a moment, it might have looked like a good life. But what would Joseph have lost? **His integrity. His relationship with God. And the purpose God had for his life.** Instead, Joseph said: **How then could I do such a wicked thing and sin against God?** He chose **holiness** over **pleasure**, and prison followed. Sometimes sin looks attractive because we only see what it gives us. We see the pleasure, acceptance, opportunity, relationship, promotion, or excitement. But we don't always see what it is taking from us.

Sin can offer a moment of pleasure while quietly costing us a future we cannot yet see. So, the question isn't only, what will I gain if I do this? Ask yourself: What might I lose if I do? Joseph lost his freedom for a season, **but he did not lose his future.** Sometimes obedience costs you something today because **God is protecting something far greater tomorrow.**

Prayer: Lord, when sin looks attractive and compromise seems rewarding, open my eyes to what I could lose. Give me strength to choose obedience over temporary pleasure and Your purpose over what looks good in the moment. Keep my heart faithful to You. Amen.

19 September 2026

The lifter Of My Head!

But You, O Lord, are a shield for me, My glory and the One who lifts up my head. - Psalm 3:3

Have there been times in your life when you look down at yourself for the things you've done in the past, for the way you're living even right now, just at this very moment?!, and even looking down and judging others for the things they've done to themselves or to you!?.

That is what shame does! It doesn't let you live nor let others live. You're just stuck in the time bottle of all the mistakes you've committed and judge and condemn others for the sins they've committed!. Paraphrasing a principle from **2 Corinthians 3:18, "by beholding we become changed".** And so the more we behold something, the more we become like it!.

The more we behold our sins and mistakes and unholy thoughts, the more we become like them. The more we look for faults in others, the more we become like the faults in others!. The result is only shame, guilt and helplessness!. It's something too much to carry for the short life we have!.

And so Jesus steps in; He says, **"Look up, my child, look only to me, and I will make you like me!!** Do not dwell on these discouragements, for I've removed them from your life. You are of much worth, value and dignity because it is I who lifts you"

Thank you, Jesus, for He restores my dignity and makes me like Him!!

Ordinary Vessels, Extraordinary God!

God delights in using what the world considers weak, small or even unimportant. In **1 Corinthians 1:27–29** we read, **"But God has chosen the foolish things of the world to shame the wise… so that no man may boast before God."**

This truth contradicts every human ranking system. God's ways are not our ways; He does not select by resume, social status or public applause. **He chooses available hearts.**

Throughout Scripture **we see ordinary people called in for God's extraordinary purposes.** Shepherds, fishermen, widows and prisoners became instruments of God's plan not because they were impressive but **because they trusted Him.**

The disciples left nets to follow Jesus. **David**, the youngest shepherd boy, became **king**. Their common trait was not talent or position but a readiness to respond to God's call.

If you find yourself comparing your gifts, accomplishments or opportunities with others, remember this: comparison steals your place in God's story. You may admire someone else's gifts, **but God delights in what He has given you.**

Your steady faithfulness, small acts of service, patient endurance and quiet prayer can become the vessel through which God shows His glory. The Lord is more concerned **with your willingness** than with your worthiness. He asks for a surrendered heart, not a polished performance.

So what does availability look like today? It may mean saying "**yes**" to an invitation to pray, to visit, to listen or to serve. It may mean using the gifts you already have, like compassion, time, presence, without waiting for anything in return. When you offer what you are and what you have, God multiplies it beyond what you can imagine.

Purpose Over Pain

Recently, I moved to a new state and joined a hospital in a village. Initially, it was difficult to adjust to the new environment and the people; I felt incredibly lonely. Throughout my life, I had been busy, but here I hardly had any patients for the first few weeks. Even my salary was credited late every month. I began questioning God, asking, **"Lord, why did you bring me here?"**

One random evening, as I was walking to church, a tailor waved at me from his shop in front of the church and said, "Previously, I suffered from headaches and watery eyes. After following your prescriptions and getting these new glasses, I feel so much better! I wear them all the time; they are very comfortable. Thank you so much!"

In that moment, **I realised my true purpose.** I was brought here not for my professional career or to meet my financial needs, but to serve those in need. As Scripture says in **Mark 10:45: "For even the Son of Man did not come to be served, but to serve and to give His life as a ransom for many."** For me, it may be only one or two patients per day, but for them, I am saving their daily wages by providing eye care in this centre, which otherwise would require them to travel around 90 km (to & fro).

The Lord spoke to me through **Acts 20:35: "I have shown you in every way, by labouring like this, that you must support the weak. And remember the words of the Lord Jesus that He said, 'It is more blessed to give than to receive.'"** If you ever feel weary in your work or think you are labouring without seeing the fruits of your efforts, always remember that the blessings of your patients or customers are far more valuable than worldly riches. Our Father in heaven sees our hearts and every little thing we do; **He will surely reward us in heaven.** Therefore, do not lose heart. Once you experience the joy of giving to others, you will never tire of it.

The LORD has made everything for its purpose (Proverbs 16:4). God has placed you where you are for a purpose, and He does not allow trials in your life without reason. What may seem like a wilderness to you could very well be your highway to heaven. Our true testimony lies not in living a peaceful life but in having faith in our heavenly Father amidst all the chaos. Have a blessed day ahead!

The Seeds That Fell On The Path- Part-1

We are all very familiar with this **parable of the Sower.** We may have heard it from our pastors, parents, or preachers. When I was meditating on it, I realised that it has a profound depth that relates to our everyday lives.

Just to recap, this parable has four scenarios that depict the survival of the seed and the condition of the soil. The main essence of this parable is that the soil serves as an analogy for the posture of our hearts. It is beautifully explained to make us ponder and know the truth, as this parable emphasises the importance of understanding and applying God's Word in our lives and challenging situations.

First of all, **Matthew 13:3–4** says:

"Then he told them many things in parables, saying: 'A farmer went out to sow his seed. As he was scattering the seed, some fell along the path, and the birds came and ate it up.'"

If we look deeper, the seed that fell on the path was very easily taken away by the evil one. Neither was the Word understood nor was there an attempt to understand it.

Similarly, in our lives, we follow the routine of performing spiritual disciplines like Bible reading, prayer, and attending church on Sundays. **But our hearts often skip the essential step** of taking time to reflect: What did God teach you through this person or this situation?

We often miss out on this essential part, which makes our hearts easily influenced by worldly values because the seeds are easily taken away by the evil one. We don't take enough time to reflect on and understand God's Word, which helps us stay grounded in Him.

If you feel that your heart is unstable, easily influenced, and that the seed of the Word does not sustain you, take time to reflect on His Word and memorise it. As David says in **Psalm 119:11: "I have hidden your word in my heart that I might not sin against you."** Let our hearts be built on His foundation, His Word.

Seeds On Rocky Places- Part 2

The next scenario depicts the seed that fell on rocky places. When you read the description given in the Bible about the condition of the soil in **Matthew 13:5–6: "Some fell on rocky places, where it did not have much soil. It sprang up quickly, because the soil was shallow. But when the sun came up, the plants were scorched, and they withered because they had no root."**

Our lives bring us trials, disappointments, and hurts, which can make our hearts really vulnerable and hard, like a rocky surface. We become callous towards certain emotions and situations. We get tired and lose hope in God, even though we know the truth. **Our hearts go through a phase of spiritual dryness;** we can feel as though we are out of soil too.

During those hard times, we long for the Lord to talk to us. We receive the Word with joy, and it makes us feel that our cries are heard, **but we fail to hold on to that truth.**

We are often too quick to forget. When we hit rock bottom, we tend to make our hearts fragile and find it difficult to hold on to His Word. We might be quick to lose hope in God because of our circumstances.

Similarly, Peter was emotionally ready to receive wisdom from Jesus, but he tended to lose hope in God when he was in the boat, even when he was surrounded by the stormy waters. But **Psalm 54:4** says: **"Surely God is my help; the Lord is the one who sustains me."**

During life's hard times, when we hit rock bottom and there seems to be no hope from our resources, family, or friends, let us not only be keen to receive comfort from the Lord, but also ask for His help to sustain us in hope.

This helps us to have strong roots that can withstand life's challenges. Let our hearts be a blooming garden despite the brokenness. He has a plan. Share the Word of God, and let His hope in us drive us to remain rooted and sustained in Him.

Seeds On The Thorny Ground

We all love roses but hate thorns for their hurting nature. **Matthew 13: 7** says **other seeds fell among the thorns which grew up and choked the plants.**

What does this actually mean? Jesus, due to the worries of our lives and deceitfulness of wealth, makes it unfruitful; our hearts become a place fertile for thorns when we hold on to the hurts that prick us, the worries of our daily needs that make us blind to see the light of hope.

When we look at worry, it's not only based on our needs, but sometimes it might look like feeling incompetent, unworthy, unloved, left out, and eventually eats up our ability to rely on his word. We all know Paul for his thorns. The Bible refers to thorns as which are sharp stakes or splinters used metaphorically to describe a painful trial or persistent irritation.

We might also have a constant trial or weakness that draws us back to worry and restrains us from holding onto God, but He says **My grace is sufficient for you,** thorns are **promised along with grace that is perfectly made in our weaknesses.**

Alongside, He mentions the deceitfulness of wealth refers to the quality of being dishonest and relying on temporary things of the world, which often disappoints us, influences us to focus on worldly standards, and distracts us from focusing on our calling.

As the word says, these thorns grow to choke up the seeds that are taking root. Have you felt this in your heart? You try to hold onto God's identity of you, but Satan reminds you of your weaknesses choke you with all the sins that you have committed, which destroy the courage to serve God and produce fruit.

But today God says, come as you are. When life's thorns prick us hard, remember that **His arms are soon to comfort you,** unconditional grace that makes your heart bloom roses despite the thorns.

25 September 2026

Satan Tempts, But We Choose

How did sin come into the world? Did it come through humans or Satan?

This is a big question to think about and answer. Instead of thinking too much, let's explore what the Bible says.

When we read **the book of Genesis, chapter 3,** the serpent comes to the woman and tempts her. That's all the serpent did. Now, let's read **verse 6. The woman saw that the fruit was good for food, pleasing to the eye, and desirable for gaining wisdom.**

It clearly shows us that **the woman was the one who opened the gate for sin to enter her life.**

If we observe the verse, it says **the woman saw that it was good for food.** The **first point** I would like to share is this: **Don't try to find something good for you.** Because **God knows what is good for us.**

If we look at **chapter 1,** after each day of creation, God saw that it was good. So, when we try to find something according to our own will, **we may end up with something that brings pain and suffering to us.** The one act of Eve brought sin into the world.

The **second point** I would like to say is this: **Don't follow anything that is pleasing to your eyes.** It shows the lust of the eyes.

The whole garden wasn't pleasing, but this fruit was pleasing to her eyes. God has created the whole earth for us, but our eyes are looking for something that is not eternal. Let's learn to focus on what is eternal.

The **third thing** I would like to say is this: **Don't try to gain wisdom through something or someone. God is wisdom.** No one can attain wisdom without God.

These are the three things that opened the way for sin to enter the lives of human beings. Satan can only tempt us. We are the ones who have the authority to allow it into our lives.

Be wise and think.

Where Are Your Eyes Fixed?

What made Joseph's brothers jealous of him? We can see one of the reasons in **Genesis 37:4**:

"When his brothers saw that their father loved him more than any of them, they hated him and could not speak a kind word to him."

When Joseph's brothers **saw** that he was receiving special attention from their father, they began to hate him. And the **first thing they lost was kindness**. They could not even speak a kind word to him.

In the same way, when we constantly focus on the blessings of others, we may begin to compare ourselves with them. In doing so, we may lose sight of the **spiritual blessings God has prepared for us**.

So, the first thing we need to learn is: **What are we seeing, and how are we seeing it?**

Jesus says in **Matthew 6:22**:

"The eye is the lamp of the body. If your eyes are healthy, your whole body will be full of light."

Let us think for a moment: **When we see the blessings God has given to others, are we becoming envious, or are we thanking God for what He has done in their lives?**

We see a very different attitude in the early church. **Acts 2:44–45** says that the believers were together, shared what they had, and even sold their possessions to help those in need. Their hearts were not focused on comparing what each person had. **Their eyes were fixed on things above rather than on worldly things.**

So, let us ask God to help us fix our eyes on things above, grow in Him, rejoice in the blessings of others, and not lose sight of the spiritual blessings He has prepared for us.

What Are You Hearing?

In **Genesis 37:5**, we read: **"Joseph had a dream, and when he told it to his brothers, they hated him all the more."**

The next thing that made Joseph's brothers hate him was **what they heard** about his dream. This teaches us another important lesson: **What are we hearing, and how are we understanding it?**

Many times, when we hear about the blessings others have received, how do we respond? **Are we praying for them and thanking God for their blessings, or are we becoming jealous and wondering, "Why is this not happening to me?"**

The Bible says that **faith comes from hearing the Word of God (Romans 10:17).** But instead of focusing on our relationship with God and listening to what He is preparing for us, we often focus on another person and what God is doing in their life.

Jesus says, **"My sheep listen to my voice" (John 10:27).** We should focus on hearing **God's voice and understanding His plan for our lives**, rather than comparing ourselves with others.

In **Genesis 37:8**, Joseph's brothers said:

"Do you intend to reign over us? Will you actually rule us?" And they hated him all the more because of his dream and what he had said.

When Joseph shared his second dream, his brothers became even more filled with hatred because they could not understand what the dream meant. In other words, **they failed to recognise what God was revealing through Joseph.**

So, let us pray today: "Lord, give me the grace to understand what You are speaking to me. Help me to be Your sheep who listens to Your voice. When I hear about the wonderful things You are doing in the lives of others, let me not become jealous. Instead, help me to praise You, trust Your plan for my life, and patiently listen to Your voice. Amen."

28 September 2026

When We Don't Understand God's Plan

We can see in **Genesis 37** how God was going to use Joseph for a greater purpose. But because his brothers did not understand God's plan, their jealousy and hatred eventually led them to plot to kill him.

Genesis 37:18 says:

"But they saw him in the distance, and before he reached them, they plotted to kill him."

What happens when we do not understand God's plan for our lives or for the lives of others? Sometimes, instead of supporting what God is doing, **we may become a hindrance to it**. That is why it is important to seek God and understand His plan for us and for the people around us.

Joseph's brothers failed to understand this. Instead of seeing God's purpose, they focused on **Joseph, the favour he received, and the blessings upon his life**. What began with the loss of kindness slowly grew into jealousy, then hatred, and finally reached the point where they wanted to kill him. **They eventually lost their love for their own brother.**

The Bible says, **"God is love" (1 John 4:8).** When we allow jealousy and hatred to grow within us, we slowly move away from the love God wants us to have for others.

So, let us take a moment to turn to God and pray: "Lord, if there is any jealousy in my heart toward anyone, please remove it. Help me to understand Your plan for my life and to trust Your plan for others. Help me to see people the way You see them and to rejoice in what You are doing in their lives. Make me into the person You want me to be. Amen."

29 September 2026

A Life Tuned To God

Genesis 45:4–5 says: **“Then Joseph said to his brothers, ‘Come close to me.’ When they had done so, he said, ‘I am your brother Joseph, the one you sold into Egypt! And now, do not be distressed and do not be angry with yourselves for selling me here, because it was to save lives that God sent me ahead of you.’”**

We can see what kind of person Joseph had become. **Through every trial, God made him stronger.** Because his **eyes** were fixed on God, he refused to sin when he was tempted by Potiphar’s wife. Even when he stood before the same brothers who had thrown him into a pit and sold him into Egypt, he did not take revenge.

Joseph had every opportunity to punish his brothers, but he chose not to. Why? **Because he understood his calling and God’s greater purpose.** His **eyes** were fixed on the Lord, his **ears** were tuned to God’s voice, and his **actions** were directed towards God’s purpose.

That is why we need to **train our spiritual senses**. Joseph lived before the Law was given to Moses and long before the Bible existed in the form we have today. Yet he chose to obey and surrender himself to God. When temptation came, **he ran away from sin**. When the people who had hurt him came before him, **he chose love instead of revenge**. He not only forgave his brothers but also helped, provided for, and protected them.

What made Joseph live this way? **He loved God and chose to obey Him.** His **eyes** were fixed on God, his **ears** were tuned to Him, and his **actions** were focused on pleasing Him. **Joseph chose to walk in the light** rather than allowing darkness to overcome him.

So, let this become our daily desire and conscious decision: Lord, refine me every day. Help me to see what You want me to see, listen to what You want me to hear, and do only what pleases You. Help me to obey Your commands and live according to Your purpose. **Tune my eyes, ears, heart, and actions towards You.** I surrender myself to You. When we make this decision and surrender ourselves to God, the Holy Spirit will help us to live a life that pleases Him. Amen.

30 September 2026

Let His Love Overflow

1 John 4:7–8 says: **"Dear friends, let us love one another, for love comes from God. Everyone who loves has been born of God and knows God. Whoever does not love does not know God, because God is love."** Throughout the Bible, God calls us to love one another. Jesus taught us to love God and our neighbour, yet loving others can be difficult. When we focus on how people have hurt, betrayed, or treated us, our circumstances become bigger than God's command to love. But the Bible reminds us in **Ephesians 6:12: "For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places."**

Many times, we fail to understand this spiritual reality and react to situations just as the world does. **But God calls us to be true followers of Christ,** not Christians merely by name. We are called to take up our cross and follow Him, knowing that our security is not in people, possessions, or worldly blessings, but in **God alone.** Through Christ, we are more than **conquerors**, and nothing **can separate us from His love.** This is not a licence to live as we please, but a **responsibility** to reveal Christ through the way we live and love others.

The love God has poured into our lives should **overflow into the lives of others**. When someone hurts us, let them experience His love through us. When someone hates us, let them see Christ through our response. When the world expects revenge, let our lives demonstrate forgiveness and grace.

We have received His love not merely to keep it for ourselves, but to let it overflow. Through our actions, forgiveness, kindness, and love, others can experience something of the love of Christ. And through lives that reflect Him, we participate in building His Kingdom here on earth.

So let us pray: Lord, help me to love You and to love others as You have commanded me. When people hurt me, help me to see beyond the situation and respond as Your child. Let the love You have poured into my life overflow to everyone around me. May my words, actions, forgiveness, and love lead others towards You. Use my life to build Your Kingdom. Amen.

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